Real or made up?

★ Haggis 1

The haggis is considered a in Scotland, and many people will tell you that it tastes great.

A haggis is a small bird Scotland. But it is a very special bird: Its wings are so small that it can't fly. It has three legs. Because the haggis lives in the mountains, each leg is a different length. The result of this is that when you haggis, you must them on to a

. Then they are very easy to catch because they can only run round in circles. Haggis get very old – some haggis live for well over 100 years!

After catching and killing a haggis, you have to its and cook it in boiling water with onion, and salt for about an hour. Then it is served with "tatties and neeps", as the Scottish call it. These are potatoes and , both